

Resource List - Closer to Home

PREFACE - THE LAND WE BELONG TO IS GRAND

Oklahoma Centennial Commission
(405) 228-2007 or 2008
www.oklahomacentennial.com

INTRODUCTION - FROM FIELD TO FORK: COMMUNITY FOOD SECURITY IN OKLAHOMA

Community Food Security Coalition
www.foodsecurity.org
(310) 822-5410

Food Security Learning Center
World Hunger Year
www.worldhungeryear.org/fslc
(212) 629-8850

CHAPTER 1 - NUTRITION AND HEALTH

Good Food for Good Health: Combating Poor Nutrition and Obesity with Fresh, Locally-Grown Foods

Oklahoma State Department of Health
www.health.state.ok.us/board/state
(405) 271-5600

Local and Regional Food Systems
Food Security Learning Center
World Hunger Year
www.worldhungeryear.org/fslc/faqs/ria_053.asp

Dietary Guidelines for Americans 2005
U.S. Department of Health and Human Services and U.S.
Department of Agriculture
[www.health.gov/dietaryguidelines/dga2005/
document/](http://www.health.gov/dietaryguidelines/dga2005/document/)

Nutrition.gov
National Agriculture Library
U.S. Dept. of Agriculture
www.nutrition.gov

Food Pyramids
Nutrition Source
Harvard School of Public Health
www.hsph.harvard.edu/nutritionsource/pyramids.html

A Strong and Healthy Oklahoma: State and Private Employee Health and Wellness Initiatives

Oklahoma Employees Benefit Council
(405) 232-1190 and toll free (800) 219-8115
[www.ebc.state.ok.us/en/Wellness/
GovernorHealthInitiative](http://www.ebc.state.ok.us/en/Wellness/GovernorHealthInitiative)

Oklahoma Turning Point Council
Certified Healthy Business Program
www.okturningpoint.org/

A Going and Growing Market in Muskogee

Oklahoma Farmers' Market Alliance
www.okfarmersmarket.org

Oklahoma Grown Program
Oklahoma Department of Agriculture, Food, & Forestry
www.madeinoklahoma.net
Contact: Mike Schulte
(405) 522-5509
mschulte@oda.state.ok.us

Farmers' Markets - Direct to Consumer Program
Marketing Services Branch
USDA - Agricultural Marketing Service
www.ams.usda.gov/farmersmarkets

CHAPTER 2 - FOOD INSECURITY

Feeling Hungry: Food Insecurity in Oklahoma

America's Second Harvest - The Nation's Food Bank
Network
www.hungerinamerica.org

Obesity and Food Insecurity
Food Research and Action Center (FRAC)
(202) 986-2200
[www.frac.org/html/hunger_in_the_us/
hunger&obesity.htm](http://www.frac.org/html/hunger_in_the_us/hunger&obesity.htm)

Hands Together for Community Food Security: Community Gardens

Urban Harvest Program
Regional Food Bank of Oklahoma
www.regionalfoodbank.org/urbanharvest.php
(405) 972-1111 ext. 108
Contact: Bruce Edwards
bedwards@regionalfoodbank.org

American Community Gardening Association
www.communitygarden.org
(877) 275-2242

Oklahoma Food Banks: Feeding the Hungry

Regional Food Bank of Oklahoma
www.regionalfoodbank.org
(405) 972-1111

Community Food Bank of Eastern Oklahoma
www.cfbeo.org
(918) 585-2800
Contact: Cindy Stevens
cindy.stevens@secondharvest.org

Plant a Row for the Hungry
Garden Writers Association
www.gardenwriters.org

CHAPTER 3 - CHILDREN'S HEALTH AND FOOD EDUCATION

A Garden to Grow On: Leach School Garden

Barbara Denney, Extension Educator
www.delawarecountyext.com
(918) 253-4332

A Planning Guide for Edible School Gardens
Oklahoma Dept. of Environmental Quality
Susie Shields
susie.shields@deq.state.ok.us

Oklahoma Ag in the Classroom
Oklahoma 4-H Programs
www.agclassroom.org/ok
(405) 744-8885
Contact: Pat Thompson
tsoodle@okstate.edu

Kids Gardening
www.kidsgardening.com
(800) 538-7476

Cooking with Kids
www.cookingwithkids.net

The Food Studies Institute
www.foodstudies.org/index.htm

Curing our Kids:

Better Food for Better Health

Oklahoma Food Policy Council
www.kerrcenter.com/ofpc
(918) 647-9123

Overweight and Obesity Pages
Centers for Disease Control and Prevention
www.cdc.gov/nccdphp/dnpa/obesity/index.htm

Action for Healthy Kids
www.actionforhealthykids.org
(800) 416-5136

Melons Carry Seeds of Change:

Oklahoma's Farm-to-School Program

Oklahoma Farm to School Program
Oklahoma Department of Agriculture,
Food and Forestry
Contact: Chris Kirby
(405) 522-2106
chris.kirby@oda.state.ok.us

National Farm to School Program
Center for Food and Justice
www.farmtoschool.org
(323) 341-5095

Rethinking School Lunch
Center for Ecoliteracy
www.ecoliteracy.org/programs/rsl.html
info@ecoliteracy.org

Growing Minds: Farm to School
Appalachian Sustainable Agriculture Project
www.growing-minds.org
Contact: Emily Jackson
emily@asapconnections.org
828-236-1282

Vermont FEED (Food Education Every Day)
www.vtfeed.org
Contact: Dana Hudson
dhudson@shelburnefarms.org
(802) 985-8686 ext. 25

Stop the Supersizing of Oklahoma's Student Body: Integrus Health CEO and the Fit Kids Coalition Lead the Way to Healthier Choices for Kids

Oklahoma Fit Kids Coalition
www.integruslifespan.com/fitkids.html
(405) 236-5437
Contact: Anne Roberts
aroberts@oica.org

Oklahoma Institute for Child Advocacy
www.oica.org/index.html

CHAPTER 4 - THE COST OF GOOD FOOD

The Teacher Only Sets the Table:

The Community Nutrition Education Program

Community Nutrition Education Program
Oklahoma Cooperative Extension Service
Family and Consumer Sciences
www.fcs.okstate.edu/cnep
(405) 744-7186
Contact: Debra Garrard
garrard@okstate.edu

Meeting the Food Stamp Challenge with Local Foods: Slow Food for Low and Moderate Income People

Better Times Almanac of Useful Information
www.bettertimesinfo.org
Contact: Robert Waldrop
bwaldrop@cox.net

Oklahoma Food Cooperative
www.oklahomafood.coop
(405) 613-4688

Fresh and Affordable: A Comparison of Farmers' Market and Grocery Store Prices

Three Springs Farm
Emily Oakley and Mike Appel
www.oklahomafood.coop/shop/producers/thrsf.php
(918) 712-9571
eaoakley@lycos.com

CHAPTER 5 - ACCESS TO GOOD FOOD

You Can't Get There from Here: Community Food Security in Oklahoma's Food Deserts

Southern Rural Development Center
Mississippi State University
http://srdc.msstate.edu/publications/food_specialrpts.htm
(662) 325-3207

Food Deserts
www.fooddeserts.org

Coupons Worth Clipping

Farmers' Market Nutrition Program
Chickasaw Nation -Nutrition Services
www.chickasaw.net/services/258_776.htm
(888) 436-7255
Contact: Jennifer Hayes
jennifer.hayes@chickasaw.net

Farmers' Market Nutrition Programs
Food and Nutrition Service - USDA
www.fns.usda.gov/wic/FMNP/default.htm
(703) 305-2746

National Association of Farmers' Market Nutrition
Programs
www.nafmnp.org/index.aspx
(703) 837-0451

CHAPTER 6 - DIRECT MARKETING

Direct from the Source:

Direct Market Produce from the Crow's Farm

North American Farmers' Direct Marketing Association
www.nafdma.com
(888) 884-9270

CHAPTER 7 - STATE OF THE STATE'S FARMS

CSA in Oklahoma: Linking Farms and Communities City and Country

Nuyaka Natural Farm
James and Jennifer Cooper
www.localharvest.org/farms/M10002
nuyakanaturalfarm@hotmail.com
(918) 752-0628

New Beginning Farm
Sharon Miller
www.newbeginningfarm.com
(405) 598-0586

Three Springs Farm
Emily Oakley and Mike Appel
www.oklahomafood.coop/shop/producers/thrsf.php
eaoakley@lycos.com
(918) 712-9571

LocalHarvest
www.localharvest.org
(831) 475-8150

It's Not Quite the Middle of Nowhere: CSA Goes Country

Stroud Family Farm
Bill and Barbara Stroud
www.localharvest.org/farms/M9623
(580) 246-3080

Green Grass and Murray Greys: Beaver Creek Farms' Direct

Beaver Creek Farms
www.murraygrey.net
(580) 353-5482 (Office)

CHAPTER 8 - FOOD IMPORTS AND EXPORTS

Eating Cooperatively and Locally:

The Oklahoma Food Co-op

Oklahoma Food Cooperative
www.oklahomafood.coop
Contact: Robert Waldrop
customer@oklahomafood.coop
(405) 613-4688

Town and Country:

Kim Barker's Grassfed Beef and Lamb

Walnut Creek Farms
www.oklahomafood.coop/shop/producers/kimba.php
barker_k@hotmail.com
(580) 824-9011 (home)

CHAPTER 9 - FARM DIVERSIFICATION

Land of Opportunity:

Steve Upson's Vision for Oklahoma Farms

Steve Upson
Samuel Roberts Noble Foundation
www.noble.org
sdupson@noble.org
(580) 224-6433

Small Acreages, Large Returns

Pheasant Hill Farm
Melanie and George DeVault
www.phfororganics.com/about-phf.html
devault@fast.net
(610) 965-6871

Just Right in the Middle:

Sam's Sweet Onions as a Model for Diversification

Agriculture of the Middle
www.agofthemiddle.org

CHAPTER 10: LOCAL MARKETING

Local Food, Local Prosperity:

Local Farm Sales and Community Food Security

Buy Local
FoodRoutes Network
www.foodroutes.org/buylocal.jsp
(814) 349-6000

A Cool Peach of an Idea:

Regrowing a Local Specialty at Peachcrest Farms

PeachCrest Farm
Susan Bergen
www.peachcrestfarm.com
(405) 650-0804

CHAPTER 11 - MAKING SOMETHING NEW: ADDING VALUE TO OKLAHOMA'S CROPS

LOVAs for Life: Value Added Food Processing and Community Food Security

Oklahoma Food and Agricultural Products Research and Technology Center
www.fapc.okstate.edu
(405) 744-6071
fapc@okstate.edu

Adding Value to the Country:

Oklahoma's Rural Food Processors

Redland Juice Company
www.redlandjuice.com
(405) 527-9181

Springhill Farms
Nick and Karen Callen
www.oklahomafood.coop/shop/producers/calle.php
(580) 639-2797 (home)

Christian Cheese
George and LeWanna Christian
www.christiancheese.com
(405) 375-6711, 1-888-437-0018

CHAPTER 12 - SOMETHING DIFFERENT: FOOD LABELS

Demand for Health: Community Food Security Surfs the Wave of Value Added Food Labeling

Organic Food Section
www.oda.state.ok.us/food-organichome.htm
Contact: Chad Goss
cbgoss@oda.state.ok.us
(405) 522-5898

National Organic Program
USDA - Agricultural Marketing Service
www.ams.usda.gov/nop/indexIE.htm
(202) 720-3252

Made in Oklahoma Coalition

Made in Oklahoma Coalition
www.miocoalition.com

Spirit in the Dust:

Organic Wheat and Natural Beef at John's Farm

John's Farm
John and Kris Gosney
www.johnsfarm.com
(580) 227-3452

**SPARC-ing Change on the Plains:
Soil, Health, and Sustainable Wheat**

SPARC
Great Plains RC&D
www.greatplainsrcd.org/sparc.php
Contact: Larry Wright
(580) 832-3661

The Food Alliance
www.foodalliance.org
(503) 493-1066

**CHAPTER 13 - SAVING FARMLAND:
URBAN SPRAWL AND FAMILY FARMS**

Farmland Preservation in Oklahoma

Land Legacy
www.landlegacy.com
Contact: Lorre Troyer
ltroyer@landlegacy.com
(918) 587-2190

American Farmland Trust
www.farmland.org
(202) 331-7300

Tools for Protecting Agricultural Land

Farmland Information Center
www.farmlandinfo.org
(800) 370-4879

Farming the Family Way: Conrad Farms

Conrad Farms
www.conradfarmsmarket.com
cffarms@olp.net
(918) 366-8942

**CHAPTER 14 - KEEPING IT CLOSER TO HOME:
FOOD MILES AND REGIONAL MARKETS**

**How Far Can Food Miles Carry Community Food Security:
The Case of Braum's Dairy**

Braum's Ice Cream and Dairy Stores
www.braums.com
(405) 478-1656

Concentration in the Food System

Consolidation in the Food System - Food Circles
Networking Project
Department of Rural Sociology
University of Missouri-Columbia
www.foodcircles.missouri.edu/consol.htm
(573) 882-3776

Farming and the Environment:

The Local Food Connection

Oklahoma Sustainability Network
www.oksustainability.org

The Tulsa Area Green Directory
Sustainable Tulsa

www.sustainabletulsa.org/greendirectory.php

Sustainable Agriculture
Oklahoma Chapter - Sierra Club
www.oklahoma.sierraclub.org/chapter/sustainable_agriculture.htm