



Pycnanthemum tenuifolium

Narrow-leaf mountain mint

- **Native plant:** Perennial. Mint family.
- **Pollinators:** Attractive to a wide variety of pollinators, including butterflies, bees, wasps, moths, ants, flies and beetles. Butterflies include Hairstreaks, Blues, Common Buckeyes, Ladies and smaller Fritillaries. Attracts beneficial insects for biological control of pests.
- **Bloom period:** Oklahoma: June-September
- **Exposure/soil:** Full sun/partial shade. Variety of soils.
- **Environment/range:** Upland prairies, open woodlands in eastern Oklahoma.
- **Landscape:** Can be used in landscape plantings or as part of native meadow or restored prairie. Grown in Kerr office landscape from plants purchased from an Oklahoma native plant nursery.
- **Value to livestock:** Livestock rarely consume this plant.
- **Propagation:** Best: Tip cuttings or root division. Can be started from seed, but seeds are tiny.



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NATIVE BEES



HONEY BEES



BUTTERFLIES



BEETLES



MOTHS



FLIES



WASPS

